

NEW YORK CITY BLUES  
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MUSIC: "New York Blues", Robin Greenstein, album *Slow Burn*, track 1  
(available as a download from Amazon, Napster, etc.)

RHYTHM/PHASE West Coast Swing, V+2+1 (whip inside turn, man hook turn, UNPH straight whip)

FOOTWORK: Opposite unless otherwise noted

SPEED Slow 4% (to 43 in Dancemaster) or as desired.

SEQUENCE: INTRO A B A B C A B C ENDING

INTRODUCTION

1-4 WAIT;; SIDE WHIP;;

1-2 {wait} LOP slightly V'd to ptr LOD wait;;  
3-4 {side whip} Bk L, rec R comm RF trn, cont slight RF trn point L sd twd LOD, hold (W fwd R, fwd L trng ½ RF, bk R/cl L, fwd R); Hold leading W fwd, fwd L leading W to fc, bk to anchor R/L, R to LOP LOD ( W fwd L, fwd R trng ½ LF, bk to anchor L/R, L);

PART A

1-4 START TUMMY WHIP; SWEETHEARTS;; FINISH TUMMY WHIP;

1 (start tummy whip) Bk L, rel joined hnds, fwd R trng RF ¼ catch W's R hip as she stps past sd L cont RF trn/cl R to fc RLOD, sd & fwd L (W fwd R, fwd L, fwd R/cl L, bk R);  
2-3 (sweethearts) Fwd R M's R hnd on W's R hip looking at ptr, rec L, sd R/cl L, sd R (W bk L, rec R, sd L/cl R, sd L); Fwd L M's L hnd on W's L hip looking at ptr, rec R, sd L/cl R, sd L (W bk R, rec L sd R/cl L, sd R);  
4 (finish tummy whip) XRib trng ½ RF, fwd L to LOP fcg LOD, anchor R/L, R (W bk L, bk R, anchor L/R, L);

5-8.5 WHIP TURN W/ INSIDE TURN;; TUCK AND SPIN TO HANDSHAKE ~

2 SAILOR SHUFFLES JOINING L HANDS ON TOP;;;

5-6 (whip w/ inside trn) Bk L, fwd R trng RF to loose CP, sd L /cl R , sd L completing RF trn to fc RLOD ( W fwd R, fwd L completing ½ trn to loose CP, bk R/cl L, fwd R); Raising ld hnds leading W to trn LF XRib, sd & fwd L, anchor R/L, R completing full trn to fc LOD (W fwd L starting LF trn und ld hnds, fwd R cont trn ½, anchor L/R, L);  
7-8.5 (tuck & spin to handshake & 2 sailors) Bk L, bk R, tch L, fwd L leading W to spin RF (W fwd R, fwd L, tch R, trng RF fwd R spinning RF); Anchor R/L, R to handshake (W anchor L/R, L, to fc M), XLlib/sd R, sd L (W XRib/ sd L, sd R); XRib/sd L, sd R (XLlib/ sd R, sd L) joining L hnds on top,

PART B

1-4 STRAIGHT WHIP;; CHEEK TO CHEEK & KICKBALL CHG;;

1-2 (straight whip) Bk L, XRif of L trng RF to W's R while raising jnd L hnds and leaving jnd R hnds low, sm sd & fwd L/ rec R trng RF, sd L (W fwd R, fwd L, fwd R/cl L, bk R) to tandem RLOD W slightly to R of M; XRib of L trng RF raising jnd R hnds and keeping L hnds low allowing W to bk under R hnds, fwd L cont RF to fc ptr & LOD, anchor R/L, R (W bk L und R hnds, bk R, anchor L/R, R joining ld hnds);  
3-4 {cheek to cheek & kickball chg} Bk L, fwd R comm RF trn, lift L knee up cont RF trn touching M's L hip to W's R hip, XLif; trng LF anchor R/L, R to fc ptr & LOD, kick L fwd/ cl L on ball of ft, sip R;

5-7 UNDERARM TURN/M HOOK TURN- R SIDE PASS W/ TUCK & SPIN;;;

5-7 (undarm trn/M hook trn) Bk L, fwd R to W's R sd trng RF and leading W und ld hnds, press stp sd L trng RF/rec R trng RF, fwd & sd L (W fwd R, fwd L trng LF und ld hnds, sd R/XLif, trng LF bk R to fc LOD); Releasing hnds and trng RF hook Rib/sd & fwd L to fc LOD, XRif to fc wall extending R hnd back to W, {R sd pass pass w/ tuck & spin} sd L leading W forward, rec R; Tch L tucking W in, trng LF fwd L releasing hnds, anchor in pl R/L, R to fc LOD joining ld hnds (W anchor stp L/R, L joining R hnd w/ M, fwd R, fwd L; Trng LF to fc M tap R, trng RF fwd R spinning RF to fc M, anchor stp L/R, L);

PART B (CONT)8-11 SUGAR PUSH W/ EXTRA ROCK;; WRAPPED WHIP;;

- 8-9 {sugar push w/ extra bk} Bk L, bk R, tap L, fwd L, (W fwd R, fwd L, tap R in bk, rec bk R); Rk bk R, fwd L, in pl R/L, R (W rk fwd L, bk R, in bk L/rec R, rec L);
- 10-11 {wrapped whip} Bk L to join all hnds, raising M's L & W's R hnds above W's head rec R trng ¼ RF, bring M's L & W's hnds over W's head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W's L sd (W fwd R, fwd L, fwd R/cl L, bk R); XRib trng RF release hnds, trng RF to fc LOD sd & fwd L, anchor R/cl L, bk R (W bk L, bk R, anchor L/R, L);

REPEAT AREPEAT BPART C1-4.5 UNDERARM TURN TO TRIPLE TRAVEL W/ ROLLS;;;;;

- 1-4.5 {und arm trn to triple travel} Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc WALL joining R hnds palm to palm (W fwd R, L, R/xLif, bk R twd RLOD passing M und jnd hnds trng LF ¾ on last stp to fc COH); Sd chasse R/L, sd & fwd R (W L/R, sd & bk L), pushing lightly w/ R hnds fwd L, fwd R rolling RF 1½ to fc COH joining L hnds palm to palm; Sd chasse L/R, sd L & fwd trng ½ LF chg to R hnds palm to palm, sd chasse R/L, sd & fwd R trng ½ RF chg to L hnds palm to palm; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining ld hnds to fc RLOD & ptr; Anchor R/cl L, bk R,

5.5-8.5 M'S UNDER ARM TURN & KICK BALL CHANGE;; SIDE WHIP;;

- 5.5-8.5 {man's und arm trn & kickball chg} Bk L, rec R trng ¼ RF, fwd L trng ¼ RF und ld hnds/cl R, fwd L to fc LOD (W fwd R, fwd L, fwd R/xLif, R trng LF to fc M); Anchor R/cl L, bk R to end feg LOD, kick L fwd/ cl L on ball of ft, sip R; {side whip} Bk L, rec R comm RF trn, cont slight RF trn point L sd twd LOD, hold (W fwd R, fwd L trng ½ RF, bk R/cl L, fwd R); Hold leading W fwd, fwd L leading W to fc, bk to anchor R/L, R to LOP LOD ( W fwd L, fwd R trng ½ LF, bk to anchor L/R, L);

REPEAT AREPEAT BREPEAT CEND1-7 SUGAR PUSH WITH EXTRA ROCK;; UNDERARM TURN/MAN HOOK TURN – RIGHT SIDE PASS WITH TUCK & SPIN;;; 2 SAILORS; PT & HOLD;

- 1-2 {sugar push w/ extra rk} Bk L, bk R, tap L, fwd L, (W fwd R, fwd L, tap R in bk, rec bk R); Rk bk R, fwd L, in pl R/L, R (W rk fwd L, bk R, in bk L/rec R, rec L);
- 3-5 {undarm trn/M hook trn} Bk L, fwd R to W's R sd trng RF and leading W und ld hnds, press stp sd L trng RF/rec R trng RF, fwd & sd L (W fwd R, fwd L trng LF und ld hnds, sd R/XLif, trng LF bk R to fc LOD); Releasing hnds and trng RF hook Rib/sd & fwd L to fc LOD, XRif to fc wall extending R hnd back to W, {R sd pass pass w/ tuck & spin} sd L leading W forward, rec R; Tch L tucking W in, trng LF fwd L releasing hnds, anchor in pl R/L, R to fc LOD joining ld hnds (W anchor stp L/R, L joining R hnd w/ M, fwd R, fwd L; Trng LF to fc M tap R, trng RF fwd R spinning RF to fc M, anchor stp L/R, L);
- 6 (2 sailors) XLib/sd R, sd L (W XRib/ sd L, sd R, XRib/sd L, sd R (XLib/ sd R, sd L);
- 7 {pt & hold} Pt L twd ptr trl hnd on hip & hold;